TERMS:

THE GUARDIAN PUBLISHING COMPANY SAFFORD, ARIZONA

OCTOBER 25, 1918

STATE DEMOCRATIC TICKET .. Rep. in Congress Carl Hayden..... Albert C. Baker..... Supreme Court Jesse L. Boyce State Auditor Harry S. Ross State Treasurer Wiley E. Jones Attorney General

David F. Johnson J. J. Kerby ... State Tax Commissioner

COUNTY DEMOCRATIC TICKET

A. G. McAlister Superior Judge David H. Claridge State Senator Benj. Biake ... Clerk of Superior Court J. A. Woods County Treasurer Chas. A. Matthews... County Assessor | country? R. W. Smith..... County Attorney Martin Mortensen, Jr. School Superintendent

BACK TO THE LAND

turning sailors and soldiers who er than strengthens the nation.' as nothing else ever has "The suing. Back to the Land" spirit.

It is recognized that one of the great evils of the times in The prairie dogs in Graham our country is the overcrowding county have caused thousands of cities, many of whom are utterly men by eating the grass that unfitted for city life and not otherwise would have gone to Items as cash..... jobs or positions. In addition, Council of Defense: there will be thousands and thousands of men and women, now of the State Council of Defense, employed in munition factories in cooperation with the U. S. and other war industries, which Biological Survey, approves the will have to close at the end of of the National Biological Survey the war, who will be out of em- that counties in Arizona now ployment. Many of them will paying bounties on predatory an- masters and post office employees have some means which they imals or rodent pests, join in the will have saved at their employment and with which they could locate upon and improve land of Defense, by devoting the lic to use stamps of the highest denomination suited to the amount of postage required on all mail. For example, a 3-cent stamp inand engage in agriculture, horti- amount of money paid in boun- stead of three 1-cent stamps culture or live stock raising.

on the land. The land will need the skins of the animals obtained to parcels requiring ten cents them and they will need the by them to become the property postage. Cooperation between land. It should be the object of of the county to be sold to the the government and it is the object of this proposed legislation whether paying bounties or not, to provide them with the oppor- to make an appropriation toward the government in the cost of tunity of getting on the land. the campaign, to rid the State producing, transporting and can-Furthermore, the undertaking of predatory animals and rodent which this proposed legislation pests. contemplates, if embarked upon When parents or others send by the government, would af-children to the postoffice to get ford employment to thousands of their mail, they should give the men who will be out of employ- boy or girl a note to the postment at the termination of the master asking for their mail, as, war, when they will be clamor- under the rules and regulations ing for employment.

posed legislation, suggested by without such signed order. the Secretary of the Interior, and the committee believes it of great importance. The commit- swing on your War Savings tee further believes that it pledge. Make good that pledge. should be attended to in ample time and that no time should be lost in doing so. The war may end in another year, and if this scheme is to be embarked upon at all no time should be lost in doing so. The committee be
Mrs. A. E. Sidenberder, Rockfield, Ind., states: "For an attack of bronchial trouble winch usually assails me in the spring I find Chamberlain's Cough Remedy the only thing that gives me relief. After using it a few days all signs of bronchial trouble disappear."

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Mrs. A. E. Sidenberder, Rockfield, Ind., states: "I ain't a-goin', "he said, "and no one is goin' to make me." "Nigguh," replied the other earnestly. "If Mr. William Bell, Logansport, Ind., was the said, "and no one is goin' to make me." "Nigguh," replied the other earnestly. "If Mr. Woodrow Wilson wants you you diarrhoea three years ago. It was the only medicine that relieved me." 34-4t

The Graham Guardian lieves the proposed legislation and the undertaking contemplated thereby to be of great and vital importance to the coun- BOARD OF SUPERVISORS try and a great and valuable economic program.

WHAT WOULD ROOSEVELT SAY?

If Roosevelt were president now, what would he say of the duty of Americans in this fall's election?

of argument:

"This is no time for divided for all Americanism. We should Chambers, County Attorney. engage in no battles save with the enemies of our country. Wars are not won by debates in unanimous vote of the board. congress, but by military achieveadministration; shall they be re-Mit Simms Secretary of State inforced by furnishing them aiders and abettors in congress?

C. O. Case ... Supt. Public Instruction present administration is the Corporation Commissioner present United States Govern-G. H. Bolin State Mine Inspector ment, by presenting in congress put and carried, increased the we present to the world the spec-A. C. Peterson. State Representative fighting the Germans and with ly indigent allowance of Mrs. M. J. H. Lines State Representative the other warding off attacks J. Slaughter, from \$15.00 to J. T. Owens ... Supervisor, Dist. No. 1 Shall we in the midst of the bat- and carried, granted Mrs. Chas. H. J. Dowdle Supervisor, Dist. No. 3 tle give the enemy reason to R. Brewer an indigent allowance think that our commander-in- of \$25.00. C. O. Larson County Recorder chief has lost the support of the F. E. Welsh having filed his

"The people of the United States have made me their chief sidering the same, by motion, middle of my administration the same as requested. should they surround me with The Committee on Public political enemies to harrass me Lands of the Senate has unani- in the rear while I face the enmously reported in favor of a bill emies of my country? I am in no September, 1918, the board, by appropriating a million dollars to way impugning the patriotism of make surveys of farms for re- men of the opposing party, nor turning soldiers. In its report their usefulness; but when their the committee says the proposed election to congress will be taken legislation is for the purpose of as a repudiation of the stand this providing an opportunity to pro- government has taken in this cure homes for those of our re- war, their election weakens rath-

may wish them upon their re- Colonel Roosevelt's arguments turn from the war, as well as would be sound. The present of the board. giving a like opportunity to thou- administration is the governsands of workers in munition ment of the United States. An factories and other war indus- opposition congress elected this urer and tax collector, and veritries, who at the conclusion of fall would mean a repudiation, fied the same; also, the books, the war will be out of employ- partial at least, of the policy the etc., of said treasurer and tax ment. It is intended to promote nation has announced and is pur-

KILL THE PRAIRIE DOGS

and congestion of people in the dollars of damage to the cattleadapted to the vocations thereof. the supporting of eattle. Over After the war this undesirable in the Bonita-Lompoc district condition will be greatly inten- there are between two and three sified. Further, there will be hundred square miles of range hundreds of thousands of young land that is almost valueless bemen who will have returned from cause of their depredations. To service in our army and navy encourage the extermination of board. who will be out of employment these pests, the following resoand for whom their will be no lution was passed by the State

of the Post Office Department. This bill is in line with pro- children cannot be given mail

The winning of the war may

Bronchial Trouble

Mrs. A. E. Sidenberder, Rockfield,

PROCEEDINGS

OF THE

OFFICE OF THE BOARD OF SUPERVISORS, SS. : COUNTY OF GRAHAM. STATE OF ARIZONA,

SAFFORD, ARIZONA.

October 7, 1918. The Board of Supervisors met We cannot imitate the colonel's in regular session at 9:00 o'clock rhetoric, but we imagine his line a. m., with the following members present: Frank A. Webster, Chairman; James Quinn, Member; J. R. Welker, Member: allegiance, for partisanship, but Martin Layton, Clerk; W. R.

Minutes of the regular meetings September 3 and 16, 1918, were read and approved by a

Andrew Kimball having filed ments. The Germans are the his resignation as State Fair bitterest haters and critics of my Commissioner for Graham county, the board, after fully considering the same, declined to accept the said resignation, and by a unanimous vote, retained the "Shall we weaken our govern- said Andrew Kimball as State ment, and in foreign eyes the Fair Commissioner for Graham county and appointed H. Kimball Maxham as deputy.

The board, by motion, duly indisputable evidence of division monthly indigent allowance of \$15.00 per month.

The board, by motion, duly put acle of a president with one hand and carried, increased the month-

The board, by motion, duly put

resignation as Justice of the Peace of Bonita Justice Precinct, No. 8, the board, after fully conexecutive for four years. In the duly put and carried, accepted

John McMurren having filed his resignation as Constable of Thomas Justice Precinct, No. 7, to be effective the 15th day of motion, duly put and carried, accepted the same as requested.

The official bond for justice of the peace, of Alex. Water, in the penal sum of \$1,000.00, was approved by the chairman of the

State road claims, No. 2109, for the sum of \$257.76, and No. 3134, for the sum of \$1,232.53, were approved by the chairman

The board, in connection, with the county attorney, examined collector; also, counted the cash on hand and in the banks and found the kind and amount of money therein, as follows:

Deposits in the Bank of Safford \$21,752.24

Deposits in the Gila Valley
Bank and Trust Co. 9,041.24

Deposits in the Citizens Bank 12,112.59 Deposits in the Bank of Pima 2,084.48 2,023.31

Total \$47,013.94 The reports of the various county and precinct officers for the month of September, 1918, were reported checked by the clerk and were approved by the

The board ordered the county treasurer to set aside from the expense fund the sum of \$400.00. the estimated expense of the "Resolved that the committee sheriff for the month of October,

(Continued Next Week)

PUBLIC NOTICE

As a measure of economy postare directed to encourage the pubties, to the payment of the sal- should be affixed to letters need-All of the above described classes of people will be needed ties paying their salaries, and 2-cent stamp instead of five ties paying their salaries, and 2-cent stamps should be attached 2-cent stamps should be attached post office employees and the stamps of the higher denomina- ly slow. tions will effect a large saving to celing them, and will benefit the public in minimizing the number

PAY YOUR PLEDGES

"SAN FRANCISCO, CAL. 'October 14, 1918. HARRY R. TRITTLE, State Director for Arizona,

'Phoenix, Arizona. "Secretary McAdoo is extremely anxious to have War Savings Pledges collected. Please use your very best endeavors to urge the people to keep their pledges in full. An active campaign should begin immediately follow- citizen was in uniform. The

UNCLE SAM'S ADVICE ON FLU

Official Health Bulletin

on Influenza.

LATEST WORD ON SUBJECT.

Epidemie Probably Net Spanish in Origin-Germ Still Unknown-People Should Guard Against "Droplet Infection"-Surgeon General Blue & spread? Makes Authoritative Statement.

Washington, D. C .- (Special.) -Although King Alfonso of Spain was one of the victims of the influenza epidemic in 1893 and again this summer. Spanish authorities repudiate any claim to influenza as a "Spanish" disease. If the people of this country donot take care the epidemic will become so widespread throughout the United States that soon we shall hear the disease called "American" influ-

In response to a request for definite information concerning Spanish influenza, Surgeon General Rupert Blue of the U. S. Public Health Service has of opinion in this country? Shall Meguil Gonzales, from \$10.00 to authorized the following official inter-

> What is Spanish influenza? Is it something new? Does it come from

"The disease now occurring in this country and called 'Spanish Influenan' resembles a very contagious kind of 'cold,' accompanied by fever, pains

Coughs and Sneezes



in the head, eyes, ears, back or other parts of the body and a feeling of se-

vere sickness. In most of the cases the symptoms disappear after three or four days, the patient then rapidly recovering. Some of the patients, however, develop pneumonia, or inflammation of the ear, or meningitis, and many of these complicated cases die. Whether this so-called 'Spanish' influenza is identical with the epidemics of influenzu of earlier years is not yet known.

"Epidemics of influenza have visited this country since 1647. It is interesting to know that this first epidemic was brought here from Valencia, Spain. Since that time there have been numerous epidemics of the disof influenza, starting somewhere in the Orient, spread first to Russia and patient. thence over practically the entire civilized world. Three years later there before catch the disease again? was another flare-up of the disease. Both times the epidemic spread widely over the United States.

"Although the present epidemic is mention the disease as occurring along the eastern front in the summer and fall of 1917."

How can "Spanish influenza" be recegnized?

"There is as yet no certain way in anza' can be recognized. On the other hand, recognition is easy where to the outbreaks of ordinary coughs cold months, epidemics of influenza Thus the present epidemic raged most nary colds, the general symptoms (fever, pain, depression) are by no onset as they are in influenza. Finalby, ordinary colds do not spread through the community so rapidly or so extensively as does influenza.

"In most cases a person taken sick with influenza feels sick rather suddenly. He feels weak, has pains in the eyes, ears, head or back, and may be sore all over. Many patients feel dizzy, some vomit. Most of the patients complain of feeling chilly, and with this comes a fever in which the temperature rises to 100 to 104. In most cases the pulse remains relative-

"In appearance one is struck by the fact that the patient looks sick. His eyes and the inner side of his eyelids may be slightly 'bloodshot,' or 'congested, as the doctors say. There may be running from the nose, or of stamps handled and affixed to there may be some cough. These signs of a cold may not be marked; nevertheless the patient looks and feels very

"In addition to the appearance and the symptoms as already described, lations of your local and state health examination of the patient's blood may aid the physician in recognizing 'Spansh influenza, for it has been found

A GREAT DEMOCRAT

from the Sunny South and appeared in a recent issue of the New York Times: One dusky ing the Liberty Loan Campaign. other clung to his civilian gar-"LYNCH, Governor." ments and railed against the ments and railed against the draft. "I ain't a-goin'," he

that in this districts the number of white corpuscles s ows little or no increase above the normal. It is possible that the inhoratory investigations now being made through the National Research Council and the United States Hygienic Laboratory will furcish a more certain way in which indi-U. S. Public Health Service Issues vidual cases of this disease can be secognized.

What is the course of the disease? De people die of it?

"Ordinarily, the fever lasts from three to four days and the patient recovers. But while the proportion of deaths in the present epidemic has generally been low. In some places the outbreak has been severe and deaths have been numerous. When death occurs it is usually the result of a com-

What causes the disease and how is

"Bacteriologists who have studied influenza epidemics in the past have ound in many of the cases a very Small rod-shaped germ called, after its discoverer, Pfeiffer's bacillus. In other cases of apparently the same kind of disease there were found pneumococci the germs of lobar pneumonia. Still others have been caused by strepto cocci, and by others germs with long

"No matter what particular kind of germ causes the epidemic, it is now believed that influenza is always spread from person to person, the germs being carried with the air slong with the very small droplets of mucus, expelled by coughing or sneezing forceful talking, and the like by one who already has the germs of the dis ease. They may also be carried about in the sir in the form of dust coming from dried mucus, from coughing affi sneezing, or from careless people who spit on the floor and on the sidewalk. As in most other catching diseases, s person who has only a mild attack of the disease himself may give a very severe attack to others.

What should be done by those who catch the disease?

"It is very important that every person who becomes sick with influence should go home at once and go to bed This will help keep away dangerous complications and will, at the same time, keep the patient from scattering the disease far and wide. It is highly desirable that no one be allowed to sleep in the same room with the patient. In fact, no one but the nurse should be allowed in the room.

"If there is cough and sputum or running of the eyes and nose, care should be taken that all such discharges are collected on bits of gause or rag or paper napkins and burned. If the patient complains of fever and headache, he should be given water to drink, a cold compress to the forehead and a light sponge. Only such medicine should be given as is prescribed by the doctor. It is foolish to ask the druggist to prescribe and may be dangerous to take the so-called 'safe, sure and harmless' remedies advertised by patent medicine manufacturers.

"If the patient is so situated that he can be attended only by some one who must also look after others in the famlly, it is advisable that such attendant wear a wrapper, apron or gown over the ordinary house clothes while in the sick room and slip this off when leaving to look after the others.

"Nurses and attendants will do well ous disease germs by wearing a simple

Will a person who has had influenze

"It is well known that an attack of measles or scarlet fever or smallpox usually protects a person against another attack of the same disease. This called 'Spanish influenza,' there is no appears not to be true of 'Spanish inreason to believe that it originated in fluenza.' According to newspaper re-Spain. Some writers who have studied ports the King of Spain suffered an the question believe that the epidemic attack of influenza during the epicame from the Orient and they call at- demic thirty years ago, and was again tention to the fact time the Germans stricken during the recent outbreak in Spain.

> How can one guard against influenza?

"In guarding against disease of all kinds, it is important that the body be kept strong and able to fight off diswhich a single case of 'Spanish influ- case germs. This can be done by having a proper proportion of work, play and rest, by keeping the body well there is a group of cases. In contrast clothed, and by enting sufficient wholesome and properly selected food. In and colds, which usually occur in the connection with diet, it is well to remember that milk is one of the best may occur at any season of the year. all-around foods obtainable for adults as well as children. So far as a disintensely in Europe in May, June and ease like influenza is concerned, health July. Moreover, in the case of ordi- authorities everywhere recognize the very close relation between its spread and overcrowded homes. While it is means as severe or as sudden in their not always possible, especially in times like the present, to avoid such overcrowding, people should consider the bealth danger and make every effort to reduce the home overcrowding to a minimum. The value of fresh air through open windows cannot be over emphasized.

"When crowding is unavoidable, as in street cars, care should be taken to keep the face so turned as bot to inhale directly the air breathed out by another person.

"It is especially important to be ware of the person who coughs or speezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy places as much as possible, keep homes, offices and workshops well aired, spend some time out of doors each day, walk to work if at all practicable-in short, make every possible effort to breathe as much pure air as possible.

"In all health matters follow the advice of your doctor and obey the reguofficers.

"Cover up each cough and sneeze, If you don't you'll spread disease."

The following story comes mighty. Then he took all the and give 'um to his son-in-law. What chance has you got?'

of daylight away from God Al-

Buy War Savings Stamps.



"We'll All Go Broke if We Have To-But There's No One Busted Yet

By WILLIAM HERSCHELL. When I hear some folks complainin' Bout the burden they must bear Just to keep our soldiers fightin' In the trenches "over there," Then I want to show a picture, One I saw th' other day, Of a little Beigian youn'un An' her granny, old an' gray. In each face was tears and terror, Born of Teuton greed and lust An' I pledged my all to Freedom,

But there's no one busted yet!" None of us is facin' hunger, None need fear to seek his b est a demon in a Gotha Har' a bomb from overhead Here we go along a singin Only now and then we sigh, An' we never see a soldier 'Cep! cur own a-marchin' by folks! we'd ought to be so gratefu

If to give my all I must.

A refrain I can't forget;

"We'll all go broke if we haf t'-

Then a new song woke within me

To each nghtin' Yankee boy That th' sacrifice of giv.n' Should be measured as a joy. So iet's do our part-full hearted-Smile and say without regret: "We'll all go broke if we hat t'-

But there's no one busted yet!"

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